

Lost Foods Nursery's Favorite Wildlife Plants

Oregon alder Red alder	Alnus rubra
Coast angelica Henderson's angelica	Angelica hendersonii
Seacoast angelica Wild celery	Angelica lucida
Hairy manzanita Redwood manzanita	Arctostaphylos columbiana
Bearberry manzanita Kinnikinnick	Arctostaphylos uva-ursi
Farewell to spring	Clarkia amoena
Red ribbons	Clarkia concinna
Sticky monkeyflower	Diplacus aurantiacus Mimulus aurantiacus
Coast buckwheat Coast eriogonum Seaside buckwheat Wild buckwheat	Eriogonum latifolium
Cardinal monkey flower	Erythranthe cardinalis Mimulus cardinalis
Yellow monkey flower	Erythranthe guttata Mimulus guttatus
Cascara buckthorn Cascara Sagrada	Frangula purshiana
Globe gilia Blue field gilia Bluehead gilia	Gilia capitata
Gumplant Gumweed Oregon gumweed Pacific gum plant	Grindelia stricta var. platyphylla
Coastal gum plant Oregon gumweed	Grindelia stricta var. stricta
Common meadowfoam Douglas' meadowfoam	Limnanthes douglasii
Coast twinberry Twinberry honeysuckle	Lonicera involucrata var. ledebourii
	Lupinus bicolor

Annual lupine Bicolored lupine Miniature lupine	
Seashore lupine	Lupinus littoralis
Riverbank lupine	Lupinus rivularis
Manycolored lupine Varied lupine	Lupinus variicolor Lupinus versicolor
California wax myrtle Pacific wax myrtle	Morella californica Myrica californica
Tanoak	Notholithocarpus densiflorus Lithocarpus densiflorus
Bolander's phacelia Redwood phacelia	Phacelia bolanderi
California phacelia Phacelia Rock phacelia	Phacelia californica
Black cottonwood	Populus trichocarpa Populus balsamifera ssp. trichocarpa
Flowering currant Red flowering currant Redflower currant	Ribes sanguineum
Coastal willow Dune willow	Salix hookeriana
Pacific willow	Salix lasiandra Salix lucida ssp. lasiandra
Arroyo willow	Salix lasiolepis
Nuttall willow Scouler willow Scouler's willow	Salix scouleriana
Coulter willow Sitka willow	Salix sitchensis
Blue elderberry	Sambucus nigra ssp. caerulea Sambucus caerulea
Red elderberry	Sambucus racemosa
Checker bloom Checker mallow Dwarf checkerbloom Wild hollyhock	Sidalcea malviflora

Lost Foods is a non-profit organization(501c3), dedicated to restoring native plant diversity and abundance and reintroducing native foods to create a sustainable society. Lost Foods created and maintains the Lost Foods Native Plant Nursery and three Native Plant Sanctuaries and promotes and demonstrates the uses of native plants for food, medicine and wildlife habitat.

Location: 3750 Harris St, Eureka, CA 95503 (at Redwood Acres Fairgrounds). Enter Gate #3 at Redwood Acres and turn left after the first building. Park in front of the fenced garden area.

Business Hours: Tuesdays, Thursdays, and Saturdays form Noon-6pm or Sunset.

Phone: (707) 268-8447